



Aspire Health Alliance MA Level Interns

Overview of our Master Level Internship Program

Aspire Health Alliance's goal is to prepare Master level students for a career in the field of behavioral health by connecting students in local Master of Social Work and Master of Art/Science of Mental Health Counseling programs to gain comprehensive and clinical experience through our many community-based mental health programs.

Students have an opportunity to advance their education by interning with the support of licensed supervisors and experienced staff on multidisciplinary teams. Aspire offers services across the continuum of care from early intervention services for infants/toddlers and their families to adults in need of day treatment or wrap around services and everyone in between.

Program Details

Master Level interns (MSW/MA/MS) have the opportunity to work with individuals, groups, and families from a variety of different social, cultural, emotional and economic backgrounds. Interns can gain experience to further their education by providing services to different programs within Aspire that follow guidelines and expectations set by their school's program. Students will receive individual supervision at their predetermined site and will also participate in monthly group supervision. First and second year placements can be accommodated at Aspire Health Alliance.

Students can be placed at the following programs:

Discovery Day Treatment (Braintree, MA): Discovery Day Treatment programs' mission is to provide a supportive and therapeutic environment. They offer group and milieu therapy for clients who wish to establish daily structure, meaning, connection and purpose in their lives. The Discovery team includes master's level clinicians, peer specialists, and expressive arts therapists.

Step One Early Intervention (Quincy, MA): Step One is a multi-disciplinary team including Speech Pathologists, Master's level clinicians, Nurses, Developmental Educators, teaching assistants, physical, occupational and music therapists. Staff provide services in the home, on-site, and in community settings. The team works collaboratively with caregivers and other professionals to conduct developmental and therapeutic intervention and ongoing education and support to enable families to best meet the needs of their children. Services include individual and group support.

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In-Home Therapy (Braintree, MA): In-Home Therapy is an intensive therapeutic intervention designed to stabilize families in a crisis in order to reduce risk of inpatient hospitalization. In-home therapists provide structured, family focused, strength-based, services to children and/or adolescents age 20 and under and their families.

In-Home Therapy services are provided in the home and community. The child and/or adolescent and their family are taught skills to improve social and emotional skills such as problem solving, limit setting, risk management/safety planning, and ways to improve communication. In-Home Therapy is a wrap-around model of care and pairs each master's level clinician with a bachelor's level Therapeutic Training and Support worker to jointly address the needs of the family.

Adult Community Clinical Services (ACCS, Braintree, MA): The Adult Community Clinical Services (ACCS) works with over 300 clients who live in the towns of Randolph, Milton, Quincy, Braintree, Weymouth, Scituate, Hingham, Hull, Norwell, and Cohasset. All clients are referred through the Department of Mental Health (DMH) and must have DMH services in place.

The ACCS team is multidisciplinary and includes master's level clinicians, substance use clinicians, nurses, peer specialists, recovery coaches, family partners, and direct care staff working collaboratively to help client's manage symptoms and develop skills to live as independently as possible. Staff work with clients that live in residential programs, congregate settings, apartments, family homes, and shelters. Aspire Health Alliance has 15 residential homes that are all 24-hour staffed.

Adult and Youth Mobile Crisis Intervention Services (Quincy, MA): Housed within Aspire Health Alliance's Community Behavioral Health Center at 460 Quincy Ave in Quincy, Aspire Health Alliance's Adult and Youth Mobile Crisis Intervention Services (AMCI/YMCI) provides on-site, in-home and community services to children, teens, and adults who need additional behavioral health support and evaluation. Available 24 hours a day, seven days a week, master's level clinicians provide psychiatric evaluation and treatment to support and stabilize clients while transitioning them to the appropriate level of care. Our Adult and Youth Mobile Crisis Intervention services also includes follow up services for MassHealth members, (3 days for adult and 7 days for youth).

Our clinical staff are trained in the following Evidence Based Practices, ECHO ASD/ID, Harm Reduction, Motivational Interviewing, and Suicide Prevention. Our triage team is made up of bachelors and master's level staff who help to support the client's journey, including scheduling, bed finding and coordination of care. We have family partners and peers to support the clients and families.

Outpatient Services (Braintree, Marshfield, Quincy, MA): Our offices in Braintree and Marshfield provide diagnostic evaluation, psychological and neuropsychological testing, psychopharmacology, and individual, group, and family therapy to children, teens, and adults with depression, anxiety, grief, trauma, substance use, and other issues. Dialectical Behavior Therapy (DBT) for children, adolescents, and adults – to facilitate the recovery process, is offered at all Aspire locations.

Our Quincy Outpatient Clinic serves as the site for Aspires Community Behavioral Health Center (CBHC) and provides comprehensive behavioral health services to adults and children who are MassHealth members. Services include individual and group therapy, psychopharmacology, crisis and substance use disorder services, along with client navigation services to provide community supports.

Initiation of Medication for Opioid Use Disorder (MOUD)

Dialectical Behavior Therapy (DBT) for children, adolescents, and adults – to facilitate the recovery process, is offered at all Aspire locations.

Contact

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