



aspire health  
alliance

# Aspire Health Alliance

COMMUNITY BEHAVIORAL  
HEALTH CENTER



## ABOUT US

Aspire Health Alliance is helping to pioneer a new approach to behavioral health, providing better access that is centered around those we serve. We provide a continuum of care for youth, adults and families that is proactive, coordinated, available through multiple access points, and integrated with medical care. Our goal is to Serve More and Serve Better.

## OUR SERVICES

### Outpatient Services for Youth & Adults

- Routine and urgent outpatient care, including mental health, substance use disorder and psychopharmacology care.
- Same day and next day services as indicated by treatment plan.
- Monday to Friday from 9 AM to 5PM and Saturday to Sunday 8 AM to 8 PM.
- Peer and recovery coaching services.
- Care coordination and navigation working with other providers, including social services.
- Primary care medical screening and coordination with primary care providers.
- Culturally competent delivery of services.

### Adult and Youth Community-based Mobile Crisis Intervention

- Services provided on-site at 460 Quincy Avenue, at home or in other community-based settings.

### Adult Community Crisis Stabilization unit

- Short-term stabilization services providing an alternative to inpatient hospitalization, in a home-like environment with access to a team of professionals.
- Ages 18+

### Youth Community Crisis Stabilization unit

- Two age groups: 5 to 12 years and 13 to 18 years.
- Aspire CBHC will facilitate referral and transportation to Youth CCS.



460 Quincy Avenue,  
Quincy, MA



For crisis services

**(800) 528-4890**

For outpatient services

**(617) 847-1914**



[www.aspirehealthalliance.org](http://www.aspirehealthalliance.org)