



Current Status for Aspire Services: (as of March 19, 2020)

Please call: 617-847-1950 for more information

- **Outpatient Counseling:** For our **Outpatient Clinics, In Home Therapy, Outreach and Therapeutic Mentoring services**, we are implementing the use of telehealth (including telephonic services) where appropriate. For now, we are keeping clinics open for those clients where telehealth is not appropriate and will continually evaluate this.
- **TRACS:** Our program for teens and young adults has closed until April 1st. However, staff will remain in contact with program participants offering support until we re-open.
- **Peer to Peer Program:** Our peer program for adults will be closed until April 1st. Staff will stay in contact with participants to offer support until we re-open.
- **Discovery Day Treatment Program:** Our day treatment program has suspended on-site services until April 1st. Clinicians will continue to offer services and perform check-ins using telehealth.
- **Early Intervention (Step One):** We have suspended group therapy sessions and home visits for the time being. We are providing services where appropriate via telehealth.
- **Behavioral Health Community Partner Program:** Our intensive case management partnership with MassHealth for members with behavioral health issues remains in service with modified procedures including telehealth contact if appropriate.
- **Adult Community Clinical Support Outreach & Residential Services:** These are 24/7 services and are critical to serve a highly vulnerable population. We are limiting visitors, implementing infection control procedures including adequate supplies of Personal Protective Equipment (PPE), ensuring we have other supplies including food for our residents, and assisting clients in preparing for the long-term.
- **Crisis Services including Emergency Service Program, Community Stabilization Service (CCS) unit and Jail Diversion Programs:** These are 24/7 services vital to resident experiencing a potentially dangerous mental health crisis. We continue to provide services in area emergency departments and at our 460 Quincy Avenue site, and can triage telephonically. Our CCS unit is operational although for the safety of our current patients, no visitors are allowed and we do need to limit admission for residents with COVID-19 symptoms.
- **Administrative Services** remain fully functioning to support clinical functions. We have implemented working remotely or working in staggered shifts where needed so we can further decrease our building based presence as much as possible.