

ABOUT US

Since 1926, South Shore Mental Health has been a leader in providing services for children, teens, and families experiencing serious emotional problems, behavioral issues, developmental disabilities, and substance abuse. We help people acquire and maintain the physical, mental and social skills needed to function most effectively in the community. Among its services, South Shore Mental Health has out-patient clinics in Quincy, Marshfield, Plymouth, Wareham and Hyannis. We offer day treatment, intensive wraparound services, and community and job skills for adults and adolescents. We also provide child and family therapy in the home, school, child-care center, group residence and in other community settings.

HOW TO BE REFERRED

Families can be referred during a hospitalization, during an Acute Community Based Treatment stay, by a Mobile Crisis Intervention Team or may be referred by an intensive Care Coordinator (ICC) in a community service agency. Youth may also be referred by school personnel, pediatric medical services, workers in the Juvenile Justice system, family members, or other community referral sources.

IN-HOME THERAPY AND THERAPEUTIC MENTORING

A Program of South Shore Mental Health

REFERRAL CONTACT INFORMATION

In Metro and Suburban Boston

(617) 803-8953

In Greater Plymouth Area and Brockton

(857) 939-3613

In Quincy and South Shore

(857) 939-1085

OUR MISSION

We work together for a healthier you by providing the best practices in behavioral health and educational services that enhance the lives and skills of our clients.

For a more in-depth description of these services, please visit our website www.ssmh.org or contact our Intake office (617) 847-1914

SOUTH SHORE
MENTAL HEALTH



ABOUT CHILDREN'S BEHAVIORAL HEALTH INITIATIVE SERVICES

South Shore Mental Health offers two CBHI services, In-Home Therapy and Therapeutic Mentoring. In-Home Therapy is a family centered wrap-around treatment service which partners with a family and the providers working with them to achieve safety, stability and other identified goals. Therapeutic Mentoring is a compliment to outpatient or In-Home Therapy providing one-to-one structured support to youth.

Our staff consists of qualified practitioners and is racially and ethnically diverse. Clinicians and mentors have language capacity including English, Spanish, French, Haitian Creole, Cantonese, Mandarin, Vietnamese, Portuguese and Cape Verdean Creole.

ELIGIBILITY

The youth has MassHealth coverage; is between the ages of 3 and 21; outpatient services alone do not meet the needs of the youth and family; the youth resides in a family home environment which can include a foster home or home of a relative; and the youth's clinical condition warrants use of in-home therapy if one or more of the following are true:

- ♦ The youth needs risk management and safety planning
- ♦ The youth and family need to improve ineffective patterns of interaction
- ♦ There is a need to strengthen the parent or caregiver's ability to sustain the youth in their home setting.



IN-HOME THERAPY

South Shore Mental Health offers In-Home Therapy for youth ages 3 through 21, who have MassHealth coverage and are at risk for placement at an inpatient facility or Community Based Acute Treatment Program, are transitioning home from such programs or for whom outpatient services alone are unable to meet the needs of the youth and family.

Our In-Home Therapy Teams include a masters level clinician and a therapeutic training and support worker who provide home-based support to youth and their families with 24 hour, 7 day a week on-call support. Our IHT teams work with families using a family systems approach, meeting the family where they are; geographically, culturally and emotionally. They provide families with risk management and safety planning, assist the youth and family in improving ineffective patterns of interaction and provide caregivers with education and skill building. The IHT team also links the family and youth to community based services and coordinates behavioral health care with academic and medical care.

THERAPEUTIC MENTORING

Trained mentors work with MassHealth clients ages 3 through 21 who are referred by a hub CBHI based service; i.e. outpatient therapist, in-home therapist or intensive case coordinator from a community service agency. With the hub service, therapeutic mentors help youth:

- ♦ Address daily living, social and communication needs.
- ♦ Build skills to navigate social contexts, practice learned skills and make functional progress stemming from work with IHT or Outpatient Therapy.
- ♦ Practice improved interpersonal communication, age-appropriate behaviors, problem-solving skills, conflict resolution skills and appropriate relationships with others in recreational and social activities.